

Matching Field Size to Playing Numbers

The International minimum for an 11v11 field is 116 yards x 72 yards; many are 120 x 75 yards.

The soccer field must be rectangular.

Coaches should use proportional spaces for training games.

Estimating Field Length: Total players (11) / length (116) = ~11 yards per player

Estimating Field Width: Players per line (5) / width (72) = ~14 yards per player

Game Form	“Approximate” Field Size (yards)
11v11	116 x 72
10v10	100 x 65
9v9	90 x 60
8v8	80 x 55
7v7	65 x 45
6v6	55 x 40
5v5	45 x 35
4v4	40 x 25
3v3	30 x 20
2v2	25 x 15
1v1	15 x 12