

U-9/12 Course Content					
Day	Date	Times	Instructor	Session Title	Est. Time (mins)
TBA	TBA	TBA	TBA	Course Registration	15
TBA	TBA	TBA	TBA	Course Introduction (Field)	15
TBA	TBA	TBA	TBA	Soccer Warm-up (Play Based Games / Activities)	30
TBA	TBA	TBA	TBA	Naked Eye Analysis / Kicking Techniques / Applications	60
TBA	TBA	TBA	TBA	Naked Eye Analysis / Kicking Techniques / Applications	60
TBA	TBA	TBA	TBA	Dribbling Skills Analysis / Application	60
TBA	TBA	TBA	TBA	Dribbling Skills Analysis / Application	60
TBA	TBA	TBA	TBA	Methods: The Art of Coaching (Class)	60
TBA	TBA	TBA	TBA	Methods: The Art of Coaching (Class)	60
TBA	TBA	TBA	TBA	The International Game (Video)	60
TBA	TBA	TBA	TBA	The International Game (Video)	60
TBA	TBA	TBA	TBA	4v4 games (Scoring Variations)	60
TBA	TBA	TBA	TBA	4v4 games (Scoring Variations)	60
TBA	TBA	TBA	TBA	Teaching Principles of Attack	60
TBA	TBA	TBA	TBA	Teaching Principles of Attack	60
TBA	TBA	TBA	TBA	Teaching Principles of Defense	60
TBA	TBA	TBA	TBA	Teaching Principles of Defense	60
TBA	TBA	TBA	TBA	Ball Control Skills / Application	60
TBA	TBA	TBA	TBA	Ball Control Skills / Application	60
TBA	TBA	TBA	TBA	Heading Skills	30
TBA	TBA	TBA	TBA	Training the Goalkeeper	30
TBA	TBA	TBA	TBA	Training the Goalkeeper / Finishing Activities	60
TBA	TBA	TBA	TBA	Training the Goalkeeper / Finishing Activities	60

OYSAN U-9/12 Module

Typical Course Schedule

U-9/12 Sample Schedule - 1					
Day	Date	Times	Instructor	Session Title	Est. Time (mins)
Weekend		7:45 am - 8:00 am	TBA	Course Registration	15
Weekend		8:00 am - 8:30 am	TBA	Course Introduction (Field)	15
Weekend		8:30 am - 9:00 am	TBA	Soccer Warm-up (Play Based Games / Activities)	30
Weekend		9:00 am - 9:30 am	TBA	Naked Eye Analysis / Kicking Techniques / Applications	60
Weekend		9:30 am - 10:00 am	TBA	Naked Eye Analysis / Kicking Techniques / Applications	60
Weekend		10:00 am - 10:30 am	TBA	Dribbling Skills Analysis / Application	60
Weekend		10:30 am - 11:00 am	TBA	Dribbling Skills Analysis / Application	60
Weekend		11:00 am - 11:30 am	TBA	Methods: The Art of Coaching (Class)	60
Weekend		11:30 am - 12:00 pm	TBA	Methods: The Art of Coaching (Class)	60
Weekend		12:00 pm - 12:30 pm	TBA	Lunch	60
Weekend		12:30 pm - 1:00 pm	TBA	Lunch	60
Weekend		1:00 pm - 1:30 pm	TBA	The International Game (Video)	60
Weekend		1:30 pm - 2:00 pm	TBA	The International Game (Video)	60
Weekend		2:00 pm - 2:30 pm	TBA	4v4 games (Scoring Variations)	60
Weekend		2:30 pm - 3:00 pm	TBA	4v4 games (Scoring Variations)	60
Weekend		3:00 pm - 3:30 pm	TBA	Teaching Principles of Attack	60
Weekend		3:30 pm - 4:00 pm	TBA	Teaching Principles of Attack	60
Weekend		4:00 pm - 4:30 pm	TBA	Teaching Principles of Defense	60
Weekend		4:30 pm - 5:00 pm	TBA	Teaching Principles of Defense	60
Weekend		1:00 pm - 1:30 pm	TBA	Ball Control Skills / Application	60
Weekend		1:30 pm - 2:00 pm	TBA	Ball Control Skills / Application	60
Weekend		2:00 pm - 2:30 pm	TBA	Heading Skills	30
Weekend		2:30 pm - 3:00 pm	TBA	Training the Goalkeeper	30
Weekend		3:00 pm - 3:30 pm	TBA	Training the Goalkeeper / Finishing Activities	60
Weekend		3:30 pm - 4:00 pm	TBA	Training the Goalkeeper / Finishing Activities	60

OYSAN U-9/12 Module

Typical Course Schedule

U-9/12 Sample Schedule - 2					
Day	Date	Times	Instructor	Session Title	Est. Time (mins)
Weeknight		5:30 pm - 6:00 pm	TBA	Course Registration	30
Weeknight		6:00 pm- 6:15 pm	TBA	Course Introduction (Field)	15
Weeknight		6:15 pm - 7:00 pm	TBA	Soccer Warm-up (Play Based Games / Activities)	30
Weeknight		7:00 pm - 7:45 pm	TBA	Naked Eye Analysis / Kicking Techniques / Applications	60
Weeknight		7:30 pm - 8:00 pm	TBA	Naked Eye Analysis / Kicking Techniques / Applications	60
Weeknight		8:00 pm - 8:30 pm	TBA	Methods: The Art of Coaching (Class)	60
Weeknight		8:30 pm - 9:00 pm	TBA	Methods: The Art of Coaching (Class)	60
Weekend		8:00 am - 8:30 am	TBA	The International Game (Video)	60
Weekend		8:30 am - 9:00 am	TBA	The International Game (Video)	60
Weekend		9:00 am - 9:30 am	TBA	Dribbling Skills Analysis / Application	60
Weekend		9:30 am - 10:00 am	TBA	Dribbling Skills Analysis / Application	60
Weekend		10:00 am - 10:30 am	TBA	4v4 games (Scoring Variations)	60
Weekend		10:30 am - 11:00 am	TBA	4v4 games (Scoring Variations)	60
Weekend		11:00 am - 11:30 am	TBA	Teaching Principles of Attack	60
Weekend		11:30 am - 12:00 pm	TBA	Teaching Principles of Attack	60
Weekend		12:00 pm - 12:30 pm	TBA	Lunch	60
Weekend		12:30 pm - 1:00 pm	TBA	Lunch	60
Weekend		1:00 pm - 1:30 pm	TBA	Teaching Principles of Defense	60
Weekend		1:30 pm - 2:00 pm	TBA	Teaching Principles of Defense	60
Weekend		2:00 pm - 2:30 pm	TBA	Ball Control Skills / Application	60
Weekend		2:30 pm - 3:00 pm	TBA	Ball Control Skills / Application	60
Weekend		3:00 pm - 3:30 pm	TBA	Heading Skills	30
Weekend		3:30 pm - 4:00 pm	TBA	Training the Goalkeeper	90
Weekend		4:00 pm - 4:30 pm	TBA	Training the Goalkeeper / Finishing Activities	90
Weekend		4:30 pm - 5:00 pm	TBA	Training the Goalkeeper / Finishing Activities	90