



# 7v7 To Two Large Goals

**Purposes:** Supporting Around the Ball / Playing away from Pressure / Rhythm of Play / Finishing / Defending.

**Organization:** Field 44 (wide) x 35 yds \* Five field players and two goalkeepers per team \* Ten minute rounds \* Corner kicks (not taken) score half a goal \* Throw-ins from the sidelines.



Tom Turner, April 2009