



# 2x4v2 Possession

**Purposes:** Supporting Around the Ball / Pressing / Expanding / Playing Numbers down.

**Organization:** Field ~25 x ~15 yds \* Two teams of six \* 4v2 in each area \* Score by connecting passes \* Subtract defender's score from attacker's \* Compare team scores \* Attacker's points may be only for 1-touch passes \* Rotate two players after each round \* Play 3-6 90-second rounds \* Defender keeps possession until dispossessed \* All restarts to the attackers \* First pass free \*



Tom Turner, April 2009