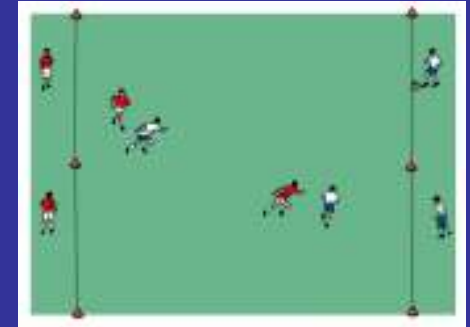


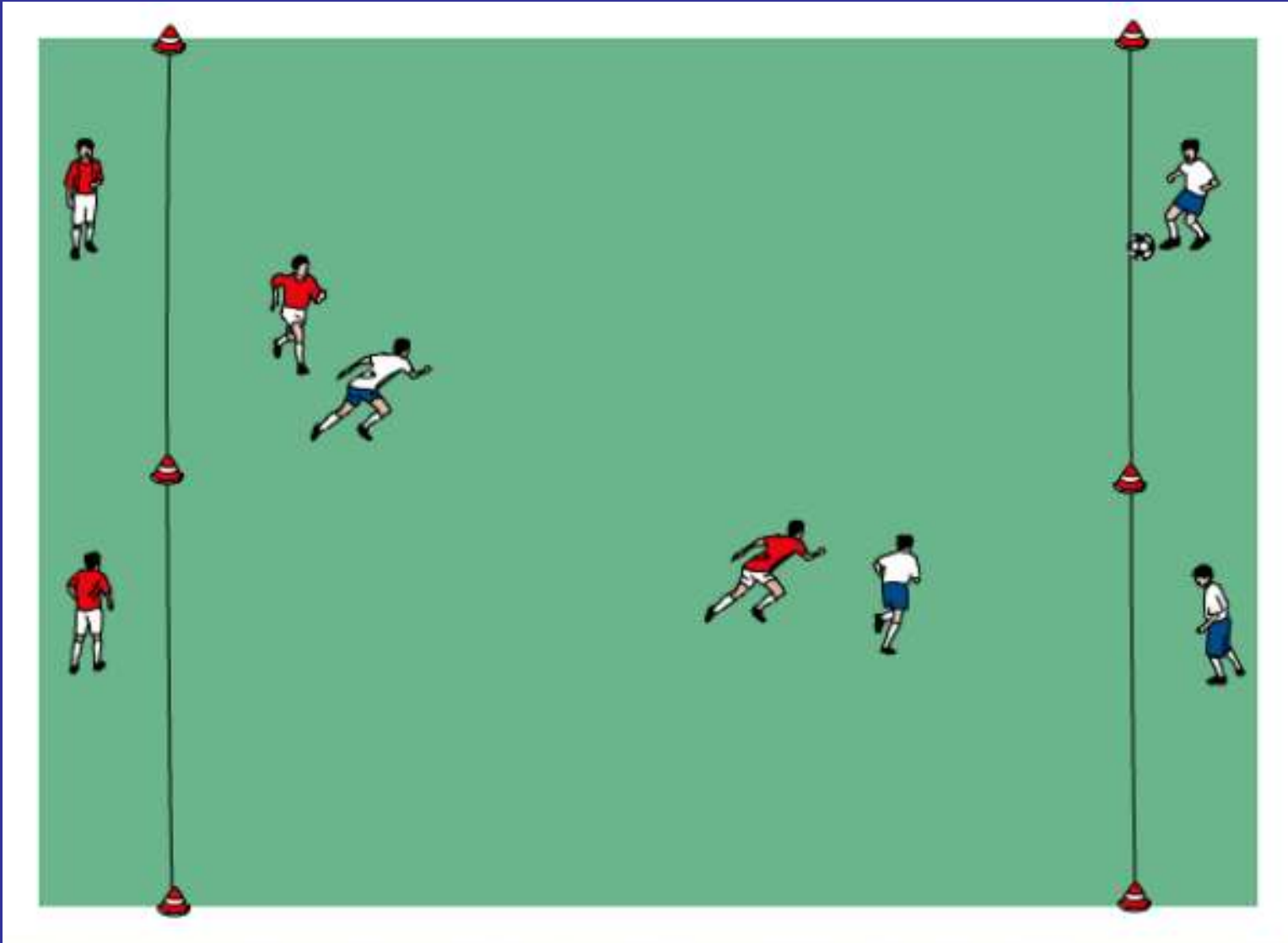


2v2 to Targets with Supports



Purposes: Creating Space / Playing with Back to Goal / Penetration / Individual Defending / Tracking

Organization: Field 25 x 15 yds * Targets / Support players move along goal line * Score by passing the ball to the opposite target players * Goals can be 1- or 2-touch only * Goals can count double if teammates combine * Rotate players every 4-5 goals * Target players also support active teammates * Corner kicks (not taken) are worth half a goal * Sideline kick-ins.



Tom Turner, April 2009