

## Welcome to the OYSAN Skill Awards Program



### Purpose

The purpose of this program is to promote independent juggling practice for players in the 8-14 age range.

### Awards

Players who attain levels of accomplishment are given OYSAN awards.

#### Basic Skill Awards Program

Players who successfully negotiate **Levels 1 through 7** of the Basis Skill Awards program are awarded a Basic Skills Bag Tag. Awards are mailed to qualifying players.

The Basic Award is restricted to players who are age 12 and younger.

#### Advanced Skill Awards Program

Players who successfully negotiate **Levels 8-10** of the Advanced Skill Awards Program are awarded the Bronze Level Award. Players will be recognized on the OYSAN web site and will receive a plaque at the OYSAN Workshop and Awards Luncheon. The Silver Award is restricted to players who are age 14 and younger.

Players who successfully negotiate **Levels 11 and 12** of the Advanced Skills Program are awarded the Silver Level Award. Players will be recognized on the OYSAN web site and will receive a plaque at the OYSAN Workshop and Awards Luncheon. The Silver Award is restricted to players who are age 18 and younger.

Players who successfully negotiate **Levels 13 and 14** of the Advanced Skills Program are awarded the Gold Level Award. Players will be recognized on the OYSAN web site and will receive a plaque at the OYSAN Workshop and Awards Luncheon. The Gold Award is restricted to players who are age 14 and younger.

#### OYSAN Workshop and Luncheon

The OYSAN Workshop and Awards Luncheon is held each November to recognize members of the OYSAN community for their service and accomplishments over the previous year.

### Process

The OYSAN Skill Awards process operates on the honor system.

Interested coaches or other adults download the skills check sheets from the OYSAN web site

Each skill is demonstrated via streaming video on You Tube (<http://www.youtube.com/profile?user=OYSANSkillAwards>)

The coach or other adult is responsible for verifying that their player has accomplished the required skills.

When a player qualifies for an award, the coach or other adult completes the information box on the check sheet and...

E-mails the completed forms to OYSAN: [Coaching@oysan.org](mailto:Coaching@oysan.org)

Faxes the completed forms to OYSAN: (330) 659-0993

Mails the completed forms to: OYSAN 3554 Brecksville Rd. Richfield, OH 44286

## OYSAN Basic Skill Awards Program



Video clips can be found at <a href="http://www.youtube.com/profile?user=OYSANSkillAwards">http://www.youtube.com/profile?user=OYSANSkillAwards</a>	Date Completed
<b>Basic Skill Awards Level 1</b>	
Kick and Catch	
Six 1-touch and catch repetitions using either foot without a drop	
<b>Basic Skill Awards Level 2</b>	
Kick above Head Height and Catch	
Six 1-touch and catch repetitions using either foot without a drop	
<b>Basic Skill Awards Level 3</b>	
Kick and Catch	
Six 1-touch and catch repetitions using <i>alternating feet</i> without a drop	
<b>Basic Skill Awards Level 4</b>	
Kick above Head Height and Catch	
Six 2-touch and catch repetitions using <i>alternating feet</i> without a drop	
<b>Basic Skill Awards Level 5</b>	
Two Body Part Juggling and Catch	
Six 2-touch and catch repetitions using two different body parts without a drop	
<b>Basic Skill Awards Level 6</b>	
Continuous Juggling	
Ten consecutive juggles using a minimum of two body parts without a drop	
<b>Basic Skill Awards Level 7</b>	
Head and Catch	
Ten 1-touch and catch repetitions without a drop	
<b>Completion: OYSAN Basic Skill Awards Bag Tag</b>	

Verifying Adult's Name:
Verifying Adult's E-Mail:
Verifying Adult's Phone:
Player's Name:
Player's Date of Birth:
Player's Address:
Player's Phone:

Fax Completed Form To: (330) 659-0993  
 E-Mail Completed Form To: [Coaching@oysan.org](mailto:Coaching@oysan.org)  
 Mail Completed Form To: OYSAN 3554 Brecksville Rd. Richfield, OH 44286  
  
 The Basic Skill Award is restricted to players who are age 14 or younger.

## OYSAN Advanced Skill Awards Program



Video clips can be found at <a href="http://www.youtube.com/profile?user=OYSANSkillAwards">http://www.youtube.com/profile?user=OYSANSkillAwards</a>	Date Completed
<b>Advanced Skill Awards Level 8</b>	
High Juggling	
10 2-touch above head height and catch repetitions using <i>alternating feet</i> without a drop and	
<b>Advanced Skill Awards Level 9</b>	
Individual Heading	
15 consecutive repetitions without a drop and	
<b>Advanced Skill Awards Level 10</b>	
Individual Juggling	
100 consecutive repetitions without a drop	
<b>Completion: OYSAN Bronz Skill Awards Personalized Plaque</b>	
<b>Advanced Skill Awards Level 11</b>	
Individual Heading	
30 consecutive headers without a drop and	
<b>Advanced Skill Awards Level 12</b>	
Individual Juggling	
500 consecutive juggles without a drop	
<b>Completion: OYSAN Silver Skill Awards Personalized Plaque</b>	
<b>Advanced Skill Awards Level 13</b>	
Individual Heading	
50 consecutive juggles without a drop and	
<b>Advanced Skill Awards Level 14</b>	
Individual Juggling	
1000 consecutive juggles without a drop	
<b>Completion: OYSAN Gold Skill Awards Personalized Plaque</b>	

Verifying Adult's Name:
Verifying Adult's E-Mail:
Verifying Adult's Phone:
Player's Name:
Player's Date of Birth:
Player's Address:
Player's Phone:

Fax Completed Form To: (339) 659-0993  
 E-Mail Completed Form To: [Coaching@oysan.org](mailto:Coaching@oysan.org)  
 Mail Completed Form To: OYSAN 3554 Brecksville Rd. Richfield, OH 44286

The Bronze Award is restricted to players who are age 12 or younger.  
 The Silver and Gold Awards are restricted to players who are age 18 and younger.

Bronze, Silver and Gold Award paperwork must be received at OYSAN by November 1st