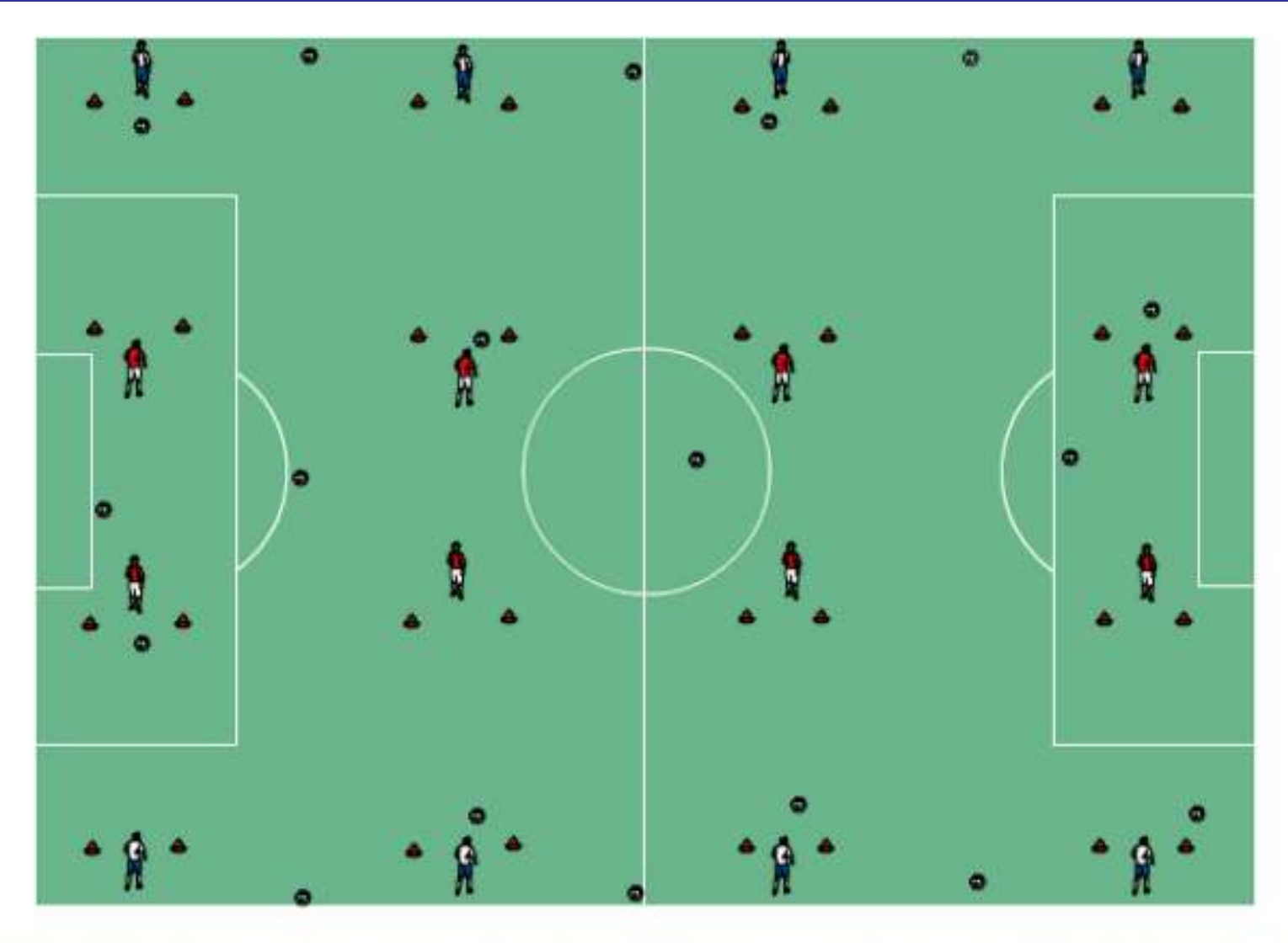




1v1 Kicking Games

Purposes: Kicking Techniques

Organization: Distance between goals is skill & age dependent * Goals are 2-3 yds wide * Ball must roll through the goal to score * Any surface (inside/outside/laces) can be designated for the round * Any technique (volley/half-volley/chip/drive/bend, etc.,) can be designated for the round * 5-10 minute rounds * Rotate inside players for team competition.



Tom Turner, April 2009